



**THP PALLIATIVE CARE AMBULATORY  
REFERRAL FORM**

Telephone Number: 905-813-1100 extension 5143  
Fax Number: 905-813-4024

Account Number: \_\_\_\_\_  
Patient Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Gender: \_\_\_\_\_  
Healthcard Number: \_\_\_\_\_  
Unit Number: \_\_\_\_\_

**Patient Contact Information**

Street Number: \_\_\_\_\_ Apt/Unit Number: \_\_\_\_\_ City-Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_ Home Number: \_\_\_\_\_ Other Phone Number: \_\_\_\_\_ Spoken Language: \_\_\_\_\_  
Interpretation required: Yes No Alternate Contact Name: \_\_\_\_\_ Alternate Contact Number: \_\_\_\_\_  
Person to contact with Appointment: Patient Alternate  
Family MD Name: \_\_\_\_\_ MD Contact Phone Number: \_\_\_\_\_

**Referral Information**

Patient had consented to Palliative Referral LHIN Palliative Care Home Care Referral Completed  
**Primary Diagnosis:**  
  
**Is Patient aware of Diagnosis?** Yes No Does not wish to know  
**Is Patient aware of Prognosis:** Yes No Does not wish to know  
**Other Medical Diagnosis:**  
  
**Prognosis:** <2 weeks 1 month <3 months <6 months <12 months >one year  
**Palliative Performance Scale:** (See page 2 for Palliative Performance Scale)  
10% 20% 30% 40% 50% 60% 70% 80-100%  
**Reason for Referral / Specific Concerns:**

**URGENCY**

Urgent (<2 week) e.g. pain or symptom crisis, rapid decline  
Routine (2-4 weeks) e.g. psychosocial: family support, pain/symptom management, advanced care planning; information/education regarding palliative care; transitioning to end-of-life

**Information Required with Referral**

Medications and Doses Consultations and Recent Clinical Notes Laboratory and Diagnostic Imaging  
Patient OHIP Billing Number: \_\_\_\_\_  
Referring MD Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
MD Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**For Office Use Only**

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_ MD Name: \_\_\_\_\_  
Appointment Given To: Patient Other: \_\_\_\_\_  
Date Notified: \_\_\_\_\_ Date Received: \_\_\_\_\_ Staff Signature: \_\_\_\_\_





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**Referral To THP Palliative Care Ambulatory Team**

Please note:

1. All patients must consent to referral to our program.
2. A Diagnosis, Reason for referral, Palliative Performance Scale and Prognosis must be provided for all patients to ensure timely, efficient and effective navigation.
3. Referrals must be accompanied by appropriate clinical information including consultations and clinical notes, laboratory and diagnostic information and medications with dosages.
4. If prognosis is less than one year and the patient has a functional decline please initiate a referral to the LHIN Palliative Care Homecare Services.

Any patient with a life threatening illness may be referred to the Palliative Care Team at Trillium Health Partners. Referrals will be triaged to the most appropriate provider based on geography, complexity and assessed needs.

Our team may advise on and refer to appropriate resources beyond our team, and/or provide a one-time consult, or ongoing care based on the above criteria. Care may be provided virtually, in clinic or by a home visit depending on patient care needs.



**Palliative Performance Scale (PPSv2)  
version 2**

PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity <i>with</i> Effort Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable to do Normal Job/Work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable to do hobby/house work Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Confusion
40%	Mainly in Bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to do activity Extensive disease	Total Care	Mouth care only	Drowsy or Coma +/- Confusion
0%	Death	-	-	-	-

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